



Responsible Skating Agreement

This Responsible Skating Agreement is designed to help keep parents and children safe, healthy and responsible while skating. Read and learn the guidelines and safety tips below, sign it together and keep the fun rolling!

When you're in a crowded area, it's best not to roll through the crowd. Take a second and just remove your wheels and pop in your plug until you're in a less crowded space. Once you're through the crowd and in a safe environment, pop the wheels back in and roll!

As with bike riding, always pass someone on their left hand side. It's also best to let them know you're skating by before you get to them so they are aware and don't step out in front of you. This will prevent accidentally bumping into someone. Also, pass any person with caution and slow speed. This way, no one will get spooked if you roll by too quickly! You can notify bikers and others exercising outside by simply saying, "On your left."

Follow any postings or rules about where the use of Heelys is prohibited. This includes malls, grocery stores, etc. If you're not sure whether or not Heelys are allowed, just ask an adult working there. If Heelys are not allowed, wait until after you leave the store to pop your wheels back in.

Make sure you have enough room around you. If you and a friend are skating together, make sure you're a safe distance apart. This will prevent you from becoming entangled with your friend if you lose your balance or trip.

Be aware of the ground conditions. Cracks in the sidewalk, rocks, and unlevel ground may make skating difficult and risky—not just for you, but for others around you as well.

Always stay focused on what you're doing and where you're going. Becoming distracted may cause you to lose your balance or not be fully aware of what's in front of you. It is best not to do other activities that can be distracting while skating such as talking on a phone, listening to an mp3 player, eating, or drinking.

Equipment Check and Safety Tips

Be sure to read through this equipment check list every time before you start rolling with your Heelys.

Thoroughly read and understand the manufacturers' warnings on all protective gear before using. Be aware of single-use protective gear and helmets.

Make sure all your protective safety equipment is not cracked, broken, or damaged in any way. If you have any single-use gear (particularly a helmet) that gets damaged after one impact, make sure you replace it immediately. any way. If you have any single-use gear (particularly a helmet) that gets damaged after one impact, make sure you replace it immediately.

Only use a helmet that fits you properly and keep it fastened. Never wear the strap too loose around your chin in order to prevent it from falling off or shifting.

Now that you've checked all your safety equipment, make sure you check your Heelys as well!

Make sure the wheels are not obstructed. This could include rocks, paper, or any other objects that could be lodged in the wheel base.

Check the laces to make sure they are not worn out nor have tears. Always keep your laces tied while skating for a smooth ride.

Make sure the wheels are not worn down, have dents, cracks, or that there is anything else that could damage the wheel. If you notice any of these problems, be sure to replace the wheels before you skate. Check out www.heelys.com to find a local retailer that sells replacement wheels.

Once you have all of your protective gear and Heelys on, practice braking to make sure you can stop at any time necessary. If you need to stop or slow down quickly, practice transitioning from skating to walking or stopping by simply putting your toes down.

I promise to remember these safety tips and I will not forget to go through the entire checklist before I put on my Heelys each and every time. I will follow all of these guidelines and rules set forth by Heelys.

(Parent)

(Skater)